



www.nbchg.org

info@nbchg.org

457-5533

SMALL PLOT GARDENING FOR BEGINNERS NOTES

Presenter: ALISON JUTA - Home : 506-362-1005 (after 7 pm) and in summer after sundown (what ever time that is) Email – waterboroughfarm@gmail.com Website: www.waterboroughfarm.com

Useful information and websites

Seeds and planting locally :

<http://www.veseys.com>

<http://www.hopeseed.com/home> - organic seeds

Basics

<http://www.thegardenhelper.com/vegetables.html>

Starting seeds

<http://pubs.ext.vt.edu/426/426-001/426-001.html>- good on starting seeds indoors

Square foot gardening

<http://www.journeytoforever.org/garden.html> a good overview of small space vegetable

<http://www.squarefootgardening.com/>- kids section useful

http://www.ehow.com/how_7424543_biointensive-tomato-gardening.html- tomatoes

http://www.ehow.com/ehow_home-growing-vegetables/

Companion planting

<http://www.companionplanting.net/ListofCompanionPlants.html>

<http://www.mi.ca/compendium/>- very clear

Deer resistant plants

<http://www.thegardenhelper.com/deer.html>- how to rid your spot of deer

<http://www.deer-departed.com/deer-resistant-vegetables.html>

Compost making & fertilizer

http://www.journeytoforever.org/compost_make.html

<http://www.learn2grow.com/gardeningguides/fertilizer/basics/understandingfertilizernumbers.aspx>

Top vegetables in terms of food value , cost and ease of growth

| Vegetable | Rating |
|---|--------|
| Tomatoes grown up supports (indeterminate varieties) | 9.0 |
| Green bunching onions | 8.2 |
| Leaf lettuce – eg romaine mesclun | 7.4 |
| Summer squash, zucchini | 7.2 |
| Edible podded peas(sugar snap/ snow), onions (for dry storage) | 6.9 |
| Beans (pole or runner) ; Beets (grown for leaves AND roots) | 6.8 |
| Beans – bush – green or wax; Carrots; Cucumbers (grown on trellises) | 6.5 |
| Bell peppers | 6.4 |
| Broccoli ; Swiss chard | 6.3 |
| Cabbage | 6.0 |
| Sweet corn (very space intensive for only 1 or 2 cob return) | 4.1 |